



Clarice House • Health, Fitness & Leisure • Bramford • Ipswich • IP8 4AZ
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How To Find Us...

Bramford is situated just off the A14 at Ipswich in Suffolk.

Approaching from the A14

Exit the A14 at junction 54 signposted Sproughton Industrial Estate.

At the end of the slip road turn left at the small roundabout – stay on this road until you reach a “T” junction with traffic lights. At this point turn left and continue, eventually driving under the A14 flyover. After the underpass you will see a small retail centre on your left – continue for 500 yards and Clarice House entrance will be found on your right.

Approaching from the A12

At the main A12/A14 “Copdock” interchange (at which you will see a large Tesco store) turn left onto the A14 and continue to follow the route as per approaching from the A14.

Nearest Train Station

Ipswich – 2.6 miles

Nearest Airport

London Stansted – 49.7 miles

GPS Reference

Our Co-ordinates:

North 52.042212

East 1.063068